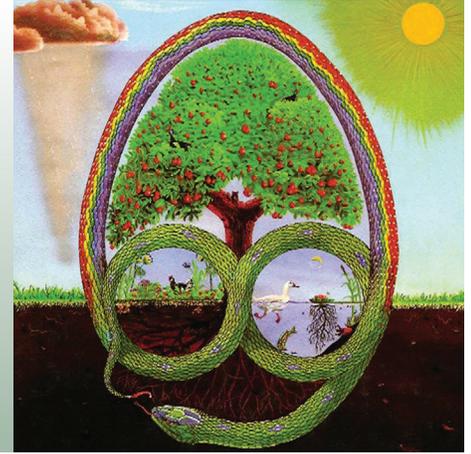
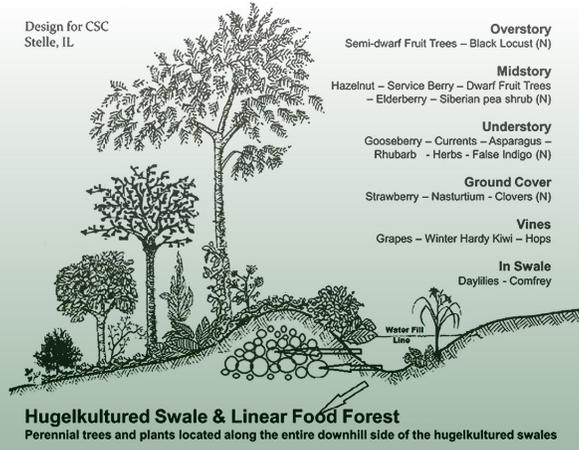


MA CENTER CHICAGO PRESENTS: A WORKSHOP WITH JOHN SHEFFY, INTERNATIONAL PERMACULTURE TEACHER

FOOD FOREST WITH HUGELKULTUR SWALES

TWO DAYS OF HANDS-ON TEACHING & LEARNING



FOOD FORESTS produce an abundance of perennial foods by mimicking the patterns of natural forests and local biomes. During this two-day workshop participants will learn how to design and install a quarter acre food forest with a diverse polyculture that includes nitrogen fixing plants, fruit and nut trees, shrubs and berries, flowers for beneficial insects, medicinal and culinary herbs, perennial vegetables, edible fungi, and many other forest companion plants. One focus of the workshop will be putting all this diversity together into a cooperative, self-maintaining system.

HUGELKULTUR AND SWALE techniques passively harvest rainwater and build soil on the site for long-term fertility. Hugelkultur is the practice of burying woody material to create a fungal food bank and healthy soil food web. Swales are water harvesting ditches dug on contour to collect and store water in the soil. Participants will learn about how to design using these and other techniques to mimic forest edge ecology and how to implement low-maintenance food forests step-by-step for their own backyard, school, community garden, or farm.

JOHN SHEFFY is a Permaculture farmer and consultant with over 10 years of experience with agroforestry projects around the world. John has worked on food forests on urban lots, small homesteads, community orchards, and broad acre designs. He will share his experience working with forest farmers from Mexico, Kenya, Togo, and other countries in addition to his own farm in Wisconsin. An article about a Permaculture design course in Kenya featuring John was recently posted on [Permaculture News](#).



WORKSHOP: SATURDAY & SUNDAY APRIL 27-28
10AM-5PM
VENUE: MA CENTER CHICAGO
41W501 KESLINGER RD, ELBURN, IL 60119
PRICE: \$100 INCLUDES LUNCHES AND SNACKS
REGISTER: [HTTP://CHICAGO.AMMA.ORG](http://chicago.amma.org)
QUESTIONS? CHICAGOGREENFRIENDS@GMAIL.COM
OR 630-387-5077



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