



*Give the Gift of Life...*



**DONATE BLOOD**

**Saturday, July 26th  
10 AM to 4 PM**

**MA Center LA • 128 S. Catalina Ave • Redondo Beach**

*Please Contact Us for an appointment:  
(Walk-ins Welcome)*

**info@la.macenters.org | 310-372-4008**

**All Donors Receive a Coupon for a  
FREE PINT  
of Baskin Robbins Ice Cream!**

**REQUIREMENTS:** *Good Health, Valid Photo ID, Weigh at least 110 lbs  
Drink plenty of Fluids, Eat a Nutritious Meal, No Tattoos within Last 12  
Months, At Least 17 Years Old (16 with Hospital Parental Consent)*

**PARKING:** Veterans Park, 309 Esplanade, Redondo Beach or  
Redondo Beach Pier, 100 W. Torrance Blvd, Redondo Beach

[california.providence.org](http://california.providence.org)

[amma.org/macla](http://amma.org/macla)

[embracingtheworld.org](http://embracingtheworld.org)

*Blood Donations go to the Providence Little Company of Mary*